

THE OLD ARCH

BAR & BISTRO

See Our Boards For Today's Specials

Starter

Soup Of The Day Served with A Crispy Roll (G,D)	€4.40
Atlantic Seafood Chowder with Homemade Brown Bread (C,D,F,G,CE, MC)	€6.20
Breaded Chicken Goujons With Salad Garnish & Barbeque Dip(G,E,D)	€5.50
Cajun Chicken Caesar Salad With Parmesan Cheese Shavings & Croutons *(G,D,F,SY,N)	€5.50
Breaded Mushrooms With Garlic & Chive Mayonnaise (G,D,E)	€5.50
Spinach Salad With Feta Cheese, Black Olives, Cherry Tomatoes & House Dressing	€5.50
Traditional Smoked Salmon Salad Served With Red Onion & Capers (D,E,F,G,CE)	€8.00
Clew Bay Mussels Poached In A Garlic White Wine Cream (MC,D)	€8.80

All the above are available as main course portion with side salad & chips.

Main Course

Breaded Supreme Of Chicken With A Pepper Sauce, Vegetables & Potato Of The Day(G,D)	€10.90
Grilled Salmon Fillet With Basil & Shrimp Cream Sauce, Veg & Potato Of The Day (D,F,N)	€12.90
Chicken Curry Served With Rice, Mango Chutney & Poppadom (G,N)	€10.90
Old Arch Seafood Pie, Topped With Mash Potatoe, Cheddar Cheese & Veg Of The Day	€12.90
Seafood Salad Of Smoked Salmon, Poached Salmon, Crab Meat, Shrimp & Mussels With Chips Or Brown Bread (G,E,D,F,M,C,MC)	€13.90
Baked Goats Cheese in filo pastry, Served With House Salad & Chips (G,E,D,N)	€10.50
Louisiana Chicken Burger, Tempura Strips Served On A Brioche Bun, Spicy Mayo With Salad & Chips (G,D,E,SS)	€10.50
8oz Prime Irish Beef Burger Served On A Brioche Bun With Side Salad & Chips (G,D,E,SS)	€10.50

Add a topping of your choice;

Bacon, Cheddar Cheese, Blue Cheese, BBQ Sauce, Mushrooms, Saute Onions, Pepper Sauce, Mozzarella Cheese, Basil Pesto Mayonnaise (50cent Each)

Sides

Brown Bread	€0.95	Coleslaw	€1.50	Chips	€2.50
Vegetables	€2.50	Mashed Potato	€2.50	Rice	€2.50

Hot Sandwiches

SERVED IN A WHOLEWHEAT OR PLAIN WRAP, PANINI, BRIOCH BUN OR GLUTEN FREE BREAD
WITH SALAD & CHIPS

THE BEEF EATER *(G,D,M,E)

Strips Of Striploin Steak, Sauté Mushrooms, Onions, Melted Cheese With a Side Of Gravy €10.50

THE GOBLER *(G,D,E,M)

Sliced Turkey, Ham, Stuffing & Cranberry Mayonnaise €8.90

THE FRENCH CONNECTION *(G,D,E,M)

Brie & Bacon With Red Onion Confit €8.90

THE VEGGIE *(G,D,E,M)

Goats Cheese & Roasted Red Peppers With Red Onion Marmalade €8.40

THE ARCH SPECIAL *(G,D,E,M)

Breaded Chicken Strips & Mixed Lettuce With Cajun Mayonnaise Or Sweet Chilli Sauce €8.90

Vegetable Quesadilla

Roasted Red Peppers, Red Onion Marmalade,
Courgette, Sweet Corn & Mozzarella Cheese In
A Tortilla Wrap With Salsa & Sour Cream €8.40
ADD CHICKEN €2.00

Flatbreads

A FLATTENED YEAST FREE DOUGH BREAD SERVED WITH SALAD & CHIPS

Smoked Salmon Cream Cheese Red Onion & Capers (G,D,E,M,F)	€9.90
Brie Cheese Caramelised Red Onion & Roasted Red Pepper (G,D,E,M)	€9.00
Grilled Chicken Pesto & Cherry Tomato (G,D,E,M)	€9.00
Mozzarella Cheese Mushroom Spinach & Sun-Dried Tomato (G,D,E,M)	€8.50

Open Sandwiches

SERVED ON HOME MADE BROWN
BREAD WITH SALAD & CHIPS

Smoked Salmon With Capers & Red Onion (G,M,E,C,F)	€9.50
Crab Meat Salad With Marie Rose Sauce (G,E,C,F,M,D)	€10.50
Sliced Chicken Supreme With Red Onion Marmalade (G,D,E,M)	€8.50
Shrimp With Marie Rose Sauce (G,E,D,C,F,M)	€9.50

Stuffed Potato Skins

SERVED WITH HOUSE SIDE SALAD

Broccoli Cheddar Cheese & Sour Cream (G,D,E,M)	€5.50
Tuna & Sweetcorn (G,F,E,M)	€5.50
Smoked Salmon Cream Cheese & Chives (G,F,D,E,M)	€6.00
Bacon, mozzarella cheese & Sour Cream (G,D,E,M)	€5.50

Desserts

Warm Chocolate lava Cake With Vanilla Ice Cream (G,D)	€4.90
Seasonal Fruit Crumble With Custard & Vanilla Ice Cream (G,D)	€4.90
Trio Of Ice Cream In A Wafer Basket With Chocolate Fudge Sauce (G,D)	€4.90
Old Arch Cheese Cake Of The Day With Whipped Cream Or Ice Cream(G,D)	€4.90
Profiteroles With Chocolate Sauce & Vanilla Ice Cream(G,D)	€4.90
Seasonal Fresh Fruit Filled Meringue Nests, Vanilla Ice Cream & Whipped Cream (E,D)	€4.90
Traditional Lemon Tart Topped With Carmelised Sugar & Raspberry Sorbet(G,E,D)	€4.90
Selection Of Irish Cheeses With Water Biscuits (G,D)	€6.90

Tea's & Coffee's

Americano	€2.80
Cappuccino	€2.80
Espresso	€1.90
Latte	€2.80
Hot Chocolate	€2.95
Coffee (Filter)	€2.00
Tea	€2.20
Double Espresso	€2.90

Specialiaty Coffee's

	€6.50
Irish	
French	
Baileys	
Russian	
Calypso	
Jamaican	

All specialiaty coffee's can be made with de-cafe coffee or hot chocolate

Lunch is Served Monday - Saturday 12:00 noon - 5:00 p.m.

Value Menu 5:00 p.m. - 7:00 p.m. (Mon-Fri)
A La Carte Menu Available From 5pm-9pm Sun - Thur. 5pm-10pm Fri & Sat.
Sunday Lunch is Served 12:30 p.m. - 4:00 p.m.

MANY OF OUR DISHES CAN BE PREPARED GLUTEN FREE

OUR VEGETABLES MAY CONTAIN DAIRY & SEASONING,
PLEASE CONSULT YOUR SERVER AS THESE CAN BE OMITTED.

(G) GLUTEN (E) EGGS (D) DAIRY (F) FISH (C) CRUSTACEANS (MC) MULLUSCS (L) LUPEN
(M) MUSTARD (N) NUTS (SS) SESAME SEEDS (SY) SOYA (CE) CELERY (SD) SULPHUR DIOXIDE

* THESE ITEMS HAVE INGREDIENTS OR GARNISHES THAT CONTAIN ALLERGANS THAT MAY BE OMITTED
PLEASE ASK YOUR SERVER TO CONSULT OUR CHEFS

OUR SUPPLIERS

MEAT: Dawn Meats, Ballyhaunis & Sherlocks Butchers, Mill Meats Milltown POULTRY: Western Brand, Ballyhaunis. FISH: Starcrest Seafood Donegal & Garvin Seafoods, Ballina DAIRY: Pat Hession Connaught Gold Eggs: West-A-Wake, Kiltimagh VEGATABLES: Tom Connolly, Hollymount Organic
Salad: Audrey Hession, Williamstown BREADS: O'Hara's of Foxford

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