

THE OLD ARCH



BAR & BISTRO

See Our Boards For Today's Specials

Starter

Soup of the day served with a Crispy Roll (G,MK)	€4.80
Atlantic Seafood Chowder with Homemade Brown Bread (C,MK,F,G,CE, MC)	€6.30
Breaded Chicken Goujons with Salad Garnish & Barbeque Dip (G,E,MK)	€6.00
Cajun Chicken Caesar Salad with Parmesan Cheese Shavings & Croutons *(G,MK,SY,N)	€6.00
Breaded Mushrooms with Garlic & Chive Mayonnaise (G,MK,E)	€6.00
Spinach Salad with Feta Cheese, Black Olives, Cherry Tomatoes & House Dressing (MK,M)	€6.00
Traditional Smoked Salmon Salad served with Red Onion & Capers (MK,E,F,G,CE)	€8.50
Clew Bay Mussels Poached in a Garlic White Wine Cream (MC,MK)	€10.50

All the above are available as main course portion with side salad & chips.

Main Course

Breaded Supreme of Chicken with a Pepper Sauce, Vegetables & Potato of the day (G,MK)	€12.50
Grilled Salmon Fillet with Basil & Shrimp Cream Sauce, Veg & Potato of the day (MK,F,N)	€14.50
Chicken Curry served with Rice, Mango Chutney & Poppadom (G,N)	€12.50
Old Arch Seafood Pie topped with Mashed Potato, Cheddar Cheese & Veg of the day (MK,F,C,MC)	€14.50
Seafood Salad of Smoked Salmon, Poached Salmon, Crab Meat, Shrimp & Mussels with Chips or Brown Bread (G,E,MK,F,M,C,MC)	€16.50
Baked Goats Cheese in Filo Pastry served with House Salad & Chips (G,E, MK,N)	€12.00
Louisiana Chicken Burger, Tempura strips served on a Brioche Bun, Spicy Mayo with Salad & Chips (G,MK,E,SS)	€12.00
8oz Prime Irish Beef Burger served on a Brioche Bun with Side Salad & Chips (G,MK,E,SS)	€12.00

Add a topping of your choice;

Bacon, Cheddar Cheese, Blue Cheese, BBQ Sauce, Mushrooms, Saute Onions, Pepper Sauce, Mozzarella Cheese, Basil Pesto Mayonnaise (50 cent Each)

Sides

Brown Bread	€1.40	Coleslaw	€2.00	Chips	€3.00
Vegetables	€3.00	Mashed Potato	€3.00	Rice	€3.00
		Side Salad	€3.00		

Hot Sandwiches

SERVED IN A WHOLEWHEAT OR PLAIN WRAP, PANINI, BRIOCHE BUN OR GLUTEN FREE BREAD SERVED WITH SALAD & CHIPS OR A CUP OF SOUP OF THE DAY

THE BEEF EATER* €12.50

Strips of Striploin Steak, Sauté Mushrooms, Onions, Melted Cheese with a side of Gravy (G,MK,M,E)

THE GOBBLER* €9.90

Sliced Turkey, Ham, Stuffing & Cranberry Mayonnaise (G,MK,E,M)

THE FRENCH CONNECTION* €9.90

Brie & Bacon with Red Onion Confit (G,MK,E,M)

THE VEGGIE* €9.90

Goats Cheese & Roasted Red Peppers with Red Onion Marmalade (G,MK,E,M)

THE ARCH SPECIAL* €9.90

Breaded Chicken Strips & Mixed Lettuce with Cajun Mayonnaise or Sweet Chilli Sauce (G,MK,E,M)

Open Sandwiches

SERVED ON HOME MADE BROWN BREAD WITH SALAD & CHIPS OR A CUP OF SOUP OF THE DAY

Smoked Salmon With Capers & Red Onion (G,M,E,C,F) €10.00

Crab Meat Salad with Marie Rose Sauce (G,E,C,F,M,MK) €11.50

Sliced Chicken Supreme with Red Onion Marmalade (G,MK,E,M) €9.00

Shrimp with Marie Rose Sauce (G,E,MK,C,F,M) €10.00

Vegetable Quesadilla €9.90

Roasted Red Peppers, Red Onion Marmalade, Courgette, Sweet Corn & Mozzarella Cheese in a Tortilla Wrap with Salsa & Sour Cream (MK,SD)

ADD CHICKEN €2.00

Desserts

Warm Chocolate Lava Cake with Vanilla Ice Cream (G,MK,E) €5.50

Old Arch Cheese Cake of the day with Whipped Cream or Ice Cream (G,MK) €5.50

Seasonal Fruit Crumble with Custard And Ice Cream (G,MK,E) €5.50

Profiteroles with Chocolate Sauce & Vanilla Ice Cream (G,MK,E) €5.50

Trio of Ice Cream in a Wafer Basket with Chocolate Fudge Sauce (G,MK,E) €5.50

Seasonal Fruit filled Meringue Nests, Vanilla Ice Cream & Whipped Cream (E,MK) €5.50

Tea's & Coffee's

Americano	€3.00	Hot Chocolate	€3.50
Cappuccino	€3.50	Tea	€2.50
Espresso	€2.00	Double Espresso	€3.00
Latte	€3.50		

Speciality Coffee's

Irish	Baileys	Calypso	€6.50
French	Russian	Jamaican	

All speciality coffee's can be made with de-caf coffee or hot chocolate

MANY OF OUR DISHES CAN BE PREPARED GLUTEN FREE

OUR VEGETABLES MAY CONTAIN DAIRY & SEASONING, PLEASE CONSULT YOUR SERVER AS THESE CAN BE OMITTED. (G) CEREAL CONTAINING GLUTEN (E) EGGS (MK) MILK (F) FISH (C) CRUSTACEANS (MC) MULLUSCS (L) LUPEN (M) MUSTARD (N) NUTS (SS) SESAME SEEDS (SY) SOYA (CE) CELERY (SD) SULPHUR DIOXIDE (P) PEANUTS. *THESE ITEMS HAVE INGREDIENTS OR GARNISHES THAT CONTAIN ALLERGENS THAT MAY BE OMITTED PLEASE ASK YOUR SERVER TO CONSULT OUR CHEFS

OUR SUPPLIERS MEAT: NIAL HEFFERNAN BUTCHERS, CLAREMORRIS, DAWN MEATS, BALLYHAUNIS, PALLAS FOODS, LIMERICK POULTRY: WESTERN BRAND, BALLYHAUNIS FISH: STARCREST SEAFOOD DONEGAL & STAR SEAFOODS, GALWAY DAIRY: PAT HESSION CONNAUGHT GOLD EGGS, WEST-A-WAKE, KILTIMAGH VEGETABLES: TOM CONNOLLY, HOLLYMOUNT ORGANIC SALAD: AUDREY HESSION, WILLIAMSTOWN BREADS: O'HARA'S OF FOXFORD

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