

# THE OLD ARCH



## BAR & BISTRO

See Our Boards For Today's Specials

### Starter

Soup of the day served with a Crispy Roll (2,7)	€7.00
Atlantic Seafood Chowder with Homemade Brown Bread (1,2,3,5,7,8)	€9.00
Breaded Chicken Goujons with Salad Garnish & Barbeque Dip (2,4,7)	€9.00
Cajun Chicken Caesar Salad with Parmesan Cheese Shavings & Croutons *(2,5,7,10,12)	€10.00
Breaded Mushrooms with Garlic & Chive Mayonnaise (2,4,7)	€9.00
Spinach Salad with Feta Cheese, Black Olives, Cherry Tomatoes & House Dressing (4,7) GF	€9.00
Traditional Smoked Salmon Salad served with Red Onion & Capers (2,4,5) GF	€12.50
Clew Bay Mussels Poached in a Garlic White Wine Cream (7,8) GF	€12.50

*All the above are available as main course portion with side salad & chips.*

### Main Course

Breaded Supreme of Chicken with a Pepper Sauce, Vegetables & Potato of the day (2,7)	€15.50
Grilled Salmon Fillet with Basil & Shrimp Cream Sauce, Veg & Potato of the day (2,5,10)	€17.50
Chicken Curry served with Rice, Mango Chutney & Poppadom (2,10)	€15.50
Old Arch Seafood Pie topped with Mashed Potato, Cheddar Cheese & Veg of the day (3,5,7,8) GF	€16.50
Seafood Salad of Smoked Salmon, Poached Salmon, Shrimp & Mussels with Chips or Brown Bread (2,3,4,5,7,8)	€21.00
Baked Goats Cheese in Filo Pastry served with House Salad & Chips (2,4,7,10)	€15.00
Louisiana Chicken Burger, Tempura strips served on a Brioche Bun, Spicy Mayo with Salad & Chips (2,4,7,11)	€15.00
8oz Prime Irish Beef Burger served on a Brioche Bun with Side Salad & Chips (2,4,7,11)	€15.50

*Add a topping of your choice;*

*Bacon, Cheddar Cheese, Blue Cheese, BBQ Sauce, Mushrooms, Sautéed Onions, Pepper Sauce, Mozzarella Cheese, Basil Pesto Mayonnaise (€1 Each)*

### Sides

Brown Bread (2)	€2.50	Coleslaw (4)	€3.00	Chips	€4.00
Vegetables (7)	€4.00	Mashed Potato (7)	€4.00	Rice	€4.00
		Side Salad (4)	€4.00		

## Hot Sandwiches

SERVED IN A WHOLEWHEAT OR PLAIN WRAP, PANINI, BRIOCHE BUN OR GLUTEN FREE BREAD SERVED WITH SALAD & CHIPS OR A CUP OF SOUP OF THE DAY

### THE BEEF EATER\* €16.50

Strips of Striploin Steak, Sauté Mushrooms, Onions, Melted Cheese with a side of Gravy (2,4,7,9)

### THE GOBBLER\* €12.50

Sliced Turkey, Ham, Stuffing & Cranberry Mayonnaise (2,4,7,9)

### THE FRENCH CONNECTION\* €12.50

Brie & Bacon with Red Onion Confit (2,4,7,9)

### THE VEGGIE\* €12.00

Goats Cheese & Roasted Red Peppers with Red Onion Marmalade (2,4,7,9)

### THE ARCH SPECIAL\* €12.50

Breaded Chicken Strips & Mixed Lettuce with Cajun Mayonnaise OR Sweet Chilli Sauce (2,4,7,9)

## Open Sandwiches

SERVED ON HOMEMADE BROWN BREAD WITH SALAD & CHIPS OR A CUP OF SOUP OF THE DAY

Smoked Salmon with Capers & Red Onion (2,4,5,7,9) €14.50

Tuna & Sweetcorn with Mayonnaise (2,3,4,5,7,9) €12.50

Sliced Chicken Supreme with Red Onion Marmalade (2,4,7,1,9) €13.50

Shrimp with Marie Rose Sauce (2,3,4,7,9) €14.50

Vegetable Quesadilla €12.50

Roasted Red Peppers, Red Onion Marmalade, Courgette, Sweet Corn & Mozzarella Cheese in a Tortilla Wrap with Salsa & Sour Cream (2,4,7)

ADD CHICKEN €2.50

## Desserts

Warm Chocolate Lava Cake with Vanilla Ice Cream (2,4,7) €7.50

Seasonal Fruit Crumble with Custard and Ice Cream (2,4,7) €7.50

Trio of Ice Cream in a Wafer Basket with Chocolate Fudge Sauce (2,4,7) €7.50

Old Arch Cheese Cake of the day with Whipped Cream OR Ice Cream (2,4,7) €7.50

Profiteroles with Chocolate Sauce & Vanilla Ice Cream (2,4,7) €7.50

Seasonal Fruit filled Pavlova Vanilla Ice Cream & Whipped Cream (2,4,7) €7.50

Traditional Lemon Tart topped with Caramelized Sugar & Raspberry Sorbet (2,4,7) €7.50

## Tea's & Coffee's

Americano	€4.00	Hot Chocolate	€4.50
Cappuccino	€4.50	Tea	€3.50
Espresso	€3.50	Double Espresso	€4.50
Latte	€4.50		

## Specialty Coffee's

Irish	Baileys	Calypso	€8.50
French	Russian	Jamaican	

All specialty coffee's can be made with de-caf coffee or hot chocolate

**ALLERGENS** 1 - CELERY, 2 - CEREALS CONTAINING GLUTEN, 3 - CRUSTACEANS, 4 - EGGS, 5 - FISH, 6 - LUPIN, 7 - MILK, 8 - MOLLUSCS, 9 - MUSTARD, 10 - PEANUTS, 11 - SESAME SEEDS, 12 - SOYBEANS, 13 - SULPHUR DIOXIDE, 14 - SULPHITES.

OUR VEGETABLES MAY CONTAIN DAIRY & SEASONING, PLEASE CONSULT YOUR SERVER AS THESE CAN BE OMITTED.

GF DENOTES "GLUTEN FREE". MOST OTHER DISHES CAN BE ADAPTED TO GF, COELIAC FRIENDLY, PLEASE CONSULT YOUR SERVER.

**OUR SUPPLIERS MEAT:** NIALL HEFFERNAN BUTCHERS CLAREMORRIS, DAWN MEATS BALLYHAUNIS, MCHALE MEATS CASTLEBAR

**POULTRY:** COSTELLO McDERMOTT **FISH:** STARCREST SEAFOOD & STAR SEAFOODS GALWAY **DAIRY:** PAT HESSION CONNAUGHT GOLD

**EGGS:** WEST-A-WAKE KILTIMAGH **SPECIALITY ITEMS:** PALLAS FOODS **VEGETABLES:** TOM CONNOLLY HOLLYMOUNT & BALLA MUSHROOMS,

CLAR IRD GROW LOCALLY **BREADS:** SUPERVALU CLAREMORRIS **COFFEE:** FLANNERY COFFEE MILTOWN