

tartor						
Soup of the day served with a Crispy Roll (2,7)	€6.50					
Atlantic Seafood Chowder with Homemade Brown Bread (1,2,3,5,7,8)	€8.50					
Breaded Chicken Goujons with Salad Garnish & Barbeque Dip (2,4,7)	€8.50					
Cajun Chicken Caesar Salad with Parmesan Cheese Shavings & Croutons *(2,5,7,10,12)						
Breaded Mushrooms with Garlic & Chive Mayonnaise (2,4,7)						
Spinach Salad with Feta Cheese, Black Olives, Cherry Tomatoes & House Dressing (4,7) GF	€8.50					
Traditional Smoked Salmon Salad served with Red Onion & Capers (2,4,5) GF	€11.50					
Clew Bay Mussels Poached in a Garlic White Wine Cream (7,8) GF						
All the above are available as main course portion with side salad & chips.						
Main Course						
Breaded Supreme of Chicken with a Pepper Sauce, Vegetables & Potato of the day (2,7)	€14.50					
Grilled Salmon Fillet with Basil & Shrimp Cream Sauce, Veg & Potato of the day (2,5,10)	€16.50					
Chicken Curry served with Rice, Mango Chutney & Poppadom (2,10)	€14.50					
Old Arch Seafood Pie topped with Mashed Potato, Cheddar Cheese & Veg of the day (3,5,7,8) GF	€15.50					
Seafood Salad of Smoked Salmon, Poached Salmon, Shrimp & Mussels						
with Chips or Brown Bread (2,3,4,5,7,8)	€19.50					
Baked Goats Cheese in Filo Pastry served with House Salad & Chips (2,4,7,10)	€14.00					
Louisiana Chicken Burger, Tempura strips served on a Brioche Bun, Spicy Mayo						
with Salad & Chips (2,4,7,11)	€14.00					
80z Prime Irish Beef Burger served on a Brioche Bun with Side Salad & Chips (2,4,7,11)	€14.50					

### Add a topping of your choice;

Bacon, Cheddar Cheese, Blue Cheese, BBQ Sauce, Mushrooms, Sautéed Onions, Pepper Sauce, Mozzarella Cheese, Basil Pesto Mayonnaise (50 cent Each)

dides		Brown Bread (2)	€2.00	Coleslaw (4)	€2.50	Chips	€3.50
Vegetables (7)	€3.50	Mashed Potato (7)	€3.50	Side Salad (4)	€3.50	Rice	€3.50

# =Hot Sandwiches

SERVED IN A WHOLEWHEAT OR PLAIN WRAP, PANINI, BRIOCHE BUN OR GLUTEN FREE BREAD SERVED WITH SALAD & CHIPS **OR** A CUP OF SOUP OF THE DAY

#### THE BEEF EATER\* €15.50

Strips of Striploin Steak, Sauté Mushrooms, Onions, Melted Cheese with a side of Gravy (2,4,7,9)

#### THE GOBBLER\* €11.90

Sliced Turkey, Ham, Stuffing & Cranberry Mayonnaise (2,4,7,9)

#### THE FRENCH CONNECTION\* €11.90

Brie & Bacon with Red Onion Confit (2,4,7,9)

#### THE VEGGIE\* €11.50

Goats Cheese & Roasted Red Peppers with Red Onion Marmalade (2,4,7,9)

#### THE ARCH SPECIAL\* €11.90

Breaded Chicken Strips & Mixed Lettuce with Cajun Mayonnaise OR Sweet Chilli Sauce (2,4,7,9)

# : Open Sandwiches:

SERVED ON HOMEMADE BROWN BREAD WITH SALAD & CHIPS OR A CUP OF SOUP OF THE DAY

Smoked Salmon with Capers & Red Onion (2,4,5,7,9) €12.90

Tuna & Sweetcorn with Mayonnaise (2,3,4,5,7,9) €11.90

Sliced Chicken Supreme with Red Onion Marmalade (2,4,7,1,9) €11.90

Shrimp with Marie Rose Sauce (2,3,4,7,9) €12.90

Vegetable Quesadilla €11.50

Roasted Red Peppers, Red Onion Marmalade, Courgette, Sweet Corn & Mozzarella Cheese in a Tortilla Wrap with Salsa & Sour Cream (2,4,7)

ADD CHICKEN €2.50

## Desserts

Warm Chocolate Lava Cake with Vanilla Ice Cream (2,4,7) €7.00

Seasonal Fruit Crumble with Custard and Ice Cream (2.4.7) €7.00

Trio of Ice Cream in a Wafer Basket with Chocolate Fudge Sauce (2,4,7) €7.00

Selection of Cheese and Water Biscuits (2,7) €9.50

Old Arch Cheese Cake of the day with Whipped Cream **OR** Ice Cream (2,4,7) €7.00

Profiteroles with Chocolate Sauce & Vanilla Ice Cream (2,4,7) €7.00

Seasonal Fruit filled Pavlova Vanilla Ice Cream & Whipped Cream (2,4,7) €7.00

Traditional Lemon Tart topped with Caramelized Sugar & Raspberry Sorbet (2,4,7) €7.00

## Teas & Coffees

Americano €3.50 Hot Chocolate €3.90

Cappuccino €3.90 Tea €3.00

Espresso €3.00 Double Espresso €4.00

Latte €3.90

Specialty Coffee's

Irish Baileys Calypso **€8.50** 

French Russian Jamaican

All specialty coffee's can be made with de-caf coffee or hot chocolate

ALLERGENS 1 - CELERY, 2 - CEREALS CONTAINING GLUTEN, 3 - CRUSTACEANS, 4 - EGGS, 5 - FISH, 6 - LUPIN, 7 - MILK, 8 - MOLLUSCS, 9 - MUSTARD, 10 - PEANUTS, 11 - SESAME SEEDS, 12 - SOYBEANS, 13 - SULPHUR DIOXIDE, 14 - SULPHITES. OUR VEGETABLES MAY CONTAIN DAIRY & SEASONING, PLEASE CONSULT YOUR SERVER AS THESE CAN BE OMITTED. GF DENOTES "GLUTEN FREE". MOST OTHER DISHES CAN BE ADAPTED TO GF, COELIAC FRIENDLY, PLEASE CONSULT YOUR SERVER.

OUR SUPPLIERS MEAT: NIALL HEFFERNAN BUTCHERS CLAREMORRIS, DAWN MEATS BALLYHAUNIS, MCHALE MEATS CASTLEBAR POULTRY: COSTELLO McDERMOTT FISH: STARCREST SEAFOOD & STAR SEAFOODS GALWAY DAIRY: PAT HESSION CONNAUGHT GOLD EGGS: WEST-A-WAKE KILTIMAGH SPECIALITY ITEMS: PALLAS FOODS VEGETABLES: TOM CONNOLLY HOLLYMOUNT & BALLA MUSHROOMS, CLAR IRD GROW LOCALLY BREADS: SUPERVALU CLAREMORRIS COFFEE: FLANNERY COFFEE MILTOWN